

# CPSS Project ECHO<sup>®</sup> 2021

## Series 3



# Management of Chronic Pain

## What is Project ECHO<sup>®</sup>?

Project ECHO<sup>®</sup> (Extension for Community Health-care Outcomes) is a collaborative model of medical education and care management that empowers clinicians everywhere to provide better care to more people, right where they live.

The ECHO<sup>®</sup> model<sup>™</sup> does not actually “provide” care directly to patients. Instead, it dramatically increases access to specialty treatment in rural and underserved areas by providing front-line clinicians with the knowledge and support they need to manage patients with complex conditions such as pain and possible related issues such as substance use disorder. It does this by engaging clinicians in a continuous learning system and facilitating partnerships with specialist mentors at an academic medical center or hub.

### It's FREE and you can earn CME credits!

This Group Learning program has been certified by the College of Family Physicians of Canada and the Saskatchewan Chapter for 2 Mainpro+ credits per session. These sessions also qualify for continuing competence or education credits or programs for allied health professionals and nurses.

**To register, email: [echo@cps.sk.ca](mailto:echo@cps.sk.ca)**

**Have a complex or challenging patient case?  
Contact [echo@cps.sk.ca](mailto:echo@cps.sk.ca) to submit your case for discussion at an ECHO<sup>®</sup> session.**

## Have you registered yet?

**To register, email: [echo@cps.sk.ca](mailto:echo@cps.sk.ca)**

You can participate from anywhere in the province. Attendance is facilitated through Zoom Video Conferencing. All you need is an Internet connection and a computer, laptop, tablet or smart phone. It is easy to use and there is no cost to participants to join the CPSS Project ECHO<sup>®</sup>.

### UPCOMING WORKSHOPS IN 2021

**Sessions are held from 6:30PM to 8:30PM on the following dates:**

January 13, 2021

Suzanne Funk BMR(PT) - Chronic Pelvic Pain

January 27, 2021

Dr. Anita Chakravarti- Mindfulness and Pain

February 10, 2021

Dr. Joseph Schnurr - Chronic Pain and Diet

March 3, 2021

TBA

March 17, 2021

TBA

Session content will include pharmacological and non-pharmacological approaches for the management of chronic pain and resources that are available in Saskatchewan

## Project ECHO: A Revolution in Medical Education and Care Delivery

Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model<sup>™</sup> is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multi-point videoconferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities.



People need access to specialty care for their complex health conditions.



There aren't enough specialists to treat everyone who needs care, especially in rural and underserved communities.



ECHO trains primary care clinicians to provide specialty care services. This means more people can get the care they need.



Patients get the right care, in the right place, at the right time. This improves outcomes and reduces costs.

Graphic representation above courtesy of ECHO University of New Mexico.

Visit <https://www.echoontario.ca> or <https://echo.unm.edu/> to learn more about Project ECHO<sup>®</sup>